

# Local Support Groups and Web Links

Did you know every week Metuchen has:

- 12 Alcoholics Anonymous meetings [www.nnjaa.org](http://www.nnjaa.org) ?
- 1 Al-Anon meeting [www.nj-al-anon.org](http://www.nj-al-anon.org) ?
- 3 Narcotics Anonymous meetings [www.na.org](http://www.na.org) ?
- 1 Nicotine Anonymous [www.nicotine-anonymous.org](http://www.nicotine-anonymous.org) ?
- 1 Gamblers Anonymous [www.gamblersanonymous.org](http://www.gamblersanonymous.org)
- 1 Gam-Anon [www.gam-anon.org/meetings](http://www.gam-anon.org/meetings) ?

AND

An agency for substance abuse and mental health?

Doctors who prescribe Suboxone (for narcotics withdrawal)?

**If you know someone who has an addiction problem,  
the time to act is now. Help is available.**

For more information contact the websites above

or

**Judi Cheung, Metuchen Board of Education Student Assistance  
Coordinator- 732-321-8720.**

**All calls are strictly confidential.**