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**COUNTY OF MIDDLESEX**  
**DEPARTMENT OF PUBLIC SAFETY AND HEALTH**  
**Office of Health Services**

H. James Polos  
*Chairperson, Public Safety  
and Health Committee*

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*County Administrator*

Joseph W. Krisza  
*Department Head*

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*Director-Health Officer*

Dear Parent/Guardian,

The attached information is being provided to inform you about Enterovirus D68. This is a viral respiratory infection found in children. Many parents have contacted local physicians and health officials to gather more information about symptoms, treatment and precautions that can be taken to avoid contracting the virus. While the virus has not yet posed a serious threat to our area, proper preventive precautions can eliminate the virus from spreading.

The attached information sheet was prepared with information from the Centers for Disease Control and Prevention and our County Office of Health Services.

You can protect yourself from these types of respiratory illnesses by following the recommended steps:

- Using proper hygiene, such as hand washing and not sharing utensils, is an easy way to avoid infection.
- Health professionals also ask that if your child is ill and displays the symptoms included on the attached fact sheet, keep them home so that others in the schools are not infected.

We will continue to do our best to keep you informed about this and any other issues affecting the health and welfare of your family. If you have any questions, we suggest you contact your family physician or municipal Health Officer.

Thank you,

**H. James Polos**  
**Freeholder**  
**Chairman Public Safety and Health**