CAREER EXPLORATION AT METUCHEN PUBLIC SCHOOLS

Board of Education Presentation

July 23, 2019
OUR VISION FOR CAREER EXPLORATION

The Students of Metuchen Public Schools District will be prepared to make successful transitions from Metuchen Public Schools to post-secondary life and careers with connections between their academic experience and their career paths. They will explore their strengths, interests, and values as they gain not only content knowledge but also social emotional skills, self-regulation, communication, collaboration, and time management. Students will graduate with the skills necessary to set and achieve academic, personal, and professional goals as they progress from career awareness, to exploration, to planning.
# Career Exploration at Moss

<table>
<thead>
<tr>
<th>Grade</th>
<th>Themes</th>
<th>Activities</th>
</tr>
</thead>
<tbody>
<tr>
<td>K</td>
<td>All about me</td>
<td>• Students wrote personal narratives about their families and things they like to do.</td>
</tr>
<tr>
<td></td>
<td>Cooperation</td>
<td>• Students worked on group projects to encourage cooperation and problem solving.</td>
</tr>
<tr>
<td></td>
<td>Values- grit/ perseverance</td>
<td>• Students learned about different Career Paths and wrote about what careers they would like based on their likes and dislikes.</td>
</tr>
<tr>
<td></td>
<td>Self-regulation</td>
<td>• Children earned dojo points to encourage perseverance, empathy, community, and problem solving.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Engineering Center</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• Makerspace Center</td>
</tr>
</tbody>
</table>
Activities at Moss

I love BCN! It is big and we buy stuff.

I want to be a scientist.

I made Pop Fizz. I made Lava Boom. I made Big Boom.

Pop Fizz

Lava Boom

I made Pop Fizz. I made Lava Boom. I made Big Boom.
## CAREER EXPLORATION AT CAMPBELL

<table>
<thead>
<tr>
<th>Grade</th>
<th>Themes</th>
<th>Activities</th>
</tr>
</thead>
</table>
| 1     | My strengths and skills  
Values- grit/ perseverance  
NJ SEL Competency – Self-management  
NJ SEL Competency – Self Awareness | • When I Grow Up Day at Campbell School  
Parent Volunteers were asked to come in and share information about their careers. We also asked 12th grade students from MHS to visit classes to talk about their post-secondary plans and how they came to choose them. As a reflection for the day, students participated in a goal setting activities.  
• Campbell One Word Goal-Setting  
All staff and students developed ‘One Word’ goals for themselves for the school year.  
• CES Job Application  
Mrs. Hsu conducted lesson on character traits and how they affect jobs. Students then applied for classroom jobs using the CES Job Application.  
• Identity Day  
Identity Day takes place in November. During this day, students are asked to share one interest or hobby that no one else may know about them.  
• Classroom Activities  
- An art teacher discussed career paths in art.  
- STEM Projects  
- Fourth Grade Class Trip to Trenton  
- Second Grade Class Trip to Metuchen Borough  
- Science Fair  
- Wax Museum |
ACTIVITIES AT CAMPBELL
<table>
<thead>
<tr>
<th>Grade</th>
<th>Themes</th>
<th>Activities</th>
</tr>
</thead>
<tbody>
<tr>
<td>5</td>
<td>Goal Setting</td>
<td>• <strong>Goal Setting</strong>&lt;br&gt;Counselors worked with students in setting goals in Naviance. Part of the discussion included the value in setting long term goals for careers.</td>
</tr>
<tr>
<td></td>
<td>Identify talents</td>
<td>• <strong>Career Exploration in Life Studies</strong>&lt;br&gt;Before beginning the unit in Life Studies, counselors visited the classes and completed the Learning Styles Inventory in Naviance with students. Students learned that knowing their learning style will help them choose a career where they will succeed most.</td>
</tr>
<tr>
<td></td>
<td>Learning styles</td>
<td>• <strong>Strengths Explorer on Naviance</strong>&lt;br&gt;Strengths Explorer assesses 10 talent themes for individuals and identifies each student's three strongest emerging talents, such as Confidence, Dependability, or Future Thinker.</td>
</tr>
<tr>
<td></td>
<td>Self-regulation</td>
<td>• <strong>Career Key on Naviance</strong>&lt;br&gt;Career Key is a career assessment based on Holland’s Interest Codes. It enables students to identify careers and college majors that match their interests, traits, skills, and abilities.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• <strong>Career Fair</strong>&lt;br&gt;This year was the first year we had a career fair at EMS. Counselors sent parents invitations to participate in the Career Fair. With the invitation, they sent out a career questionnaire for parents to complete.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• <strong>Classroom Activities</strong>&lt;br&gt;Students use the LLI Reading program to read/explore the various job/careers of people around the world.&lt;br&gt;Life Skills class with Ms. Rice has a unit on Career Exploration.&lt;br&gt;ROGATE explores student interests using research&lt;br&gt;In Science classes students explore careers at the end of units and create “Help Wanted” Sign for jobs they are assigned. They are then posted in the hallways. They then walk the halls and look for 5 careers they would be interested in and have to explain why.</td>
</tr>
<tr>
<td>6</td>
<td>Explore and identify career cluster</td>
<td>• <strong>Strengths Explorer on Naviance</strong>&lt;br&gt;Strengths Explorer assesses 10 talent themes for individuals and identifies each student’s three strongest emerging talents, such as Confidence, Dependability, or Future Thinker.</td>
</tr>
<tr>
<td></td>
<td>Evaluating one’s personal, ethical, academic, and work habits</td>
<td>• <strong>Career Key on Naviance</strong>&lt;br&gt;Career Key is a career assessment based on Holland’s Interest Codes. It enables students to identify careers and college majors that match their interests, traits, skills, and abilities.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• <strong>Career Fair</strong>&lt;br&gt;This year was the first year we had a career fair at EMS. Counselors sent parents invitations to participate in the Career Fair. With the invitation, they sent out a career questionnaire for parents to complete.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• <strong>Classroom Activities</strong>&lt;br&gt;Students use the LLI Reading program to read/explore the various job/careers of people around the world.&lt;br&gt;Life Skills class with Ms. Rice has a unit on Career Exploration.&lt;br&gt;ROGATE explores student interests using research&lt;br&gt;In Science classes students explore careers at the end of units and create “Help Wanted” Sign for jobs they are assigned. They are then posted in the hallways. They then walk the halls and look for 5 careers they would be interested in and have to explain why.</td>
</tr>
<tr>
<td>7</td>
<td>Making connections between personality, interests, and skills in careers</td>
<td></td>
</tr>
</tbody>
</table>
Activities at Edgar Middle School

Career Fair

Edgar Middle School Career Fair is an opportunity for businesses from around the community to showcase their careers. Students who are interested in learning more about careers can attend this fair. College representatives are also expected to participate in the fair. The fair takes place on October 30th from 6:00 pm to 8:00 pm. Parents are invited to attend as well.

To contact the school representative, anyone might be reaching with a variance form manner or example.

School Representative:
- Mr. John Doe
- Number: 123-456-7890
- Email: john.doe@edgarmiddleschool.org

Requirements:
1. The fair will be open to all interested students.
2. Students must register in advance to attend the fair.
3. Students must bring their own resumes.
4. Students must wear professional attire.
5. Students must complete a survey before attending the fair.
6. Students must bring their own transportation to and from the fair.
7. Students must call to confirm their attendance on the day of the fair.

Career Fair Schedule:
- 6:00 pm - 6:30 pm: Opening Ceremony
- 6:30 pm - 7:30 pm: College Representatives
- 7:30 pm - 8:00 pm: Business Representatives

Career Fair Activities:
- Job Fair:
  - Business Representatives: Jobs for High School Students
  - College Representatives: Pathways to College
- Information Fair:
  - College Representatives: Financial Aid Information
  - Business Representatives: Internship Opportunities

Special Offers:
- Free Breakfast for Students
- Free Lunch for Students
- Free Parking for Parents

Contact:
For more information, please contact Mr. John Doe at john.doe@edgarmiddleschool.org.
# CAREER EXPLORATION AT METUCHEN HIGH SCHOOL

<table>
<thead>
<tr>
<th>Grades</th>
<th>Themes</th>
<th>Activities</th>
</tr>
</thead>
</table>
| 9-12   | Putting it All Together | • **Career Fair**  
The students in the Metuchen Career Club run by Mr. Cichetti and Mrs. DeMott help organize and facilitate the Career Fair. This is the third year we have had a career fair at MHS.  
• **Do What You Are and Goal Setting**  
Counselor met with 9th grade students after they completed the “Do What You Are” personality type assessment. They discussed the results and then worked with students in creating smart goals.  
• **PreAct Career Map**  
After our 10th grade students took the PreACT, counselors met with them to review their scores. The discussed the Career Map.  
• **Junior Conferences**  
During Junior conferences, students explore college and career interests. Counselors offer suggestions on schooling that would align with their interests.  
• **Complete Post-Secondary Plans**  
Counselors work closely with students during Senior year in finalizing post secondary plans. This includes college applications.  
• **MILE-Metuchen Internship Learning Experience**  
• **Classroom Activities**  
  • Psychology: Students Explore different divisions of psychology from the APA website and related career options beyond just the obvious psychology careers and including ones that blend psychology with other fields.  
  • Digital Marketing: Students are exposed to business professionals throughout the course. They learn about marketing and digital marketing; and in this process they explore career opportunities in these fields.  
  • English 12: Students explore a research option that focuses on personal career exploration. In addition to securing accurate information about accredited educational programs, students are required to interview a professional in their field of choice.  
  • Engineering: Interview with an Engineer, guest speaker, exploring colleges that have engineering technology and companies that have internships |
### ACTIVITIES AT METUCHEN HIGH SCHOOL

#### Post Secondary Plans % of Class of 2019

<table>
<thead>
<tr>
<th>Plan</th>
<th>% of Class</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Four year college</td>
<td>81%</td>
<td></td>
</tr>
<tr>
<td>Two Year College</td>
<td>12%</td>
<td></td>
</tr>
<tr>
<td>Transition Program</td>
<td>1%</td>
<td></td>
</tr>
<tr>
<td>Military</td>
<td>1%</td>
<td></td>
</tr>
<tr>
<td>Year off</td>
<td>3%</td>
<td></td>
</tr>
<tr>
<td>Undecided</td>
<td>3%</td>
<td></td>
</tr>
</tbody>
</table>
NEXT STEPS...

- **Moss School**– Continue to bring awareness of different careers. Invite parents and community members to share information regarding their careers.

- **Campbell School**- After receiving feedback from teachers, we are modifying the Job Application and hoping to expand its use in more classrooms.

- **Edgar Middle School**- Expand on the Annual Career Fair. Increase the use of Naviance in exploring careers.

- **Metuchen High School**- Invite trade/career schools to visit MHS for information sessions. Offer more opportunities for students to participate in career based trips and expand internship opportunities.

- **District-wide**- Make more connections between SEL Competencies and success in careers.